

# Understanding the Treatment Plan

## Questions for Your Health Care Team: Question Guide

When your treatment is prescribed, your health care team will talk to you about how to correctly take your oral oncology medication. This resource provides examples of the types of questions you and your caregiver may want to think through when meeting with your health care team, including important information about your medications.

### Ask Your Health Care Team: Questions on Dosing

#### Prescribed treatment



What is the name of the oral oncology medication prescribed to me?

#### Treatment summary



What does my oral oncology medication treat and what is the goal of therapy?

#### Frequency



How often should I take my oral oncology medication?

#### Strength per dose



What is the correct amount (for example, strength/number of pills) for each time that I take my oral oncology medication?

#### When to use



Is there a certain time of day that I should take my oral oncology medication?

#### With or without food



Should I take my oral oncology medication with or without food or water? If my oral oncology medication should be taken without food or water, how long before and after eating or drinking should I wait to take my treatment?

#### Additional information about the treatment



Where can I find more information about the medication (for example, websites, hotlines)?

### Ask Your Health Care Team: Questions on Combination Use

**Combination use**—Can my oral oncology medication be used in combination with the other medications that I am currently taking?

**Medications to avoid**—Are there any other medications that I should avoid while I am taking my oral oncology medication?

## Ask Your Health Care Team: Questions on Side Effects



### Side effects

What are the common side effects or adverse reactions that I may experience when taking my oral oncology medication?



### Managing side effects

What can I do to safely manage or alleviate these side effects at home?



### When to contact your doctor

When and for which side effects should I contact my doctor or nurse for assistance?



### Dietary restrictions

Are there any dietary restrictions for my oral oncology medication that I should be aware of?



### Behavioral risks

What behavioral risks may result from taking my oral oncology medication (for example, limiting sexual activity, exercise, and other physical activity)?



### Environmental risks

What environmental risks may result from taking my oral oncology medication (for example, safely disposing of waste)?

## Health Care Provider Contact Information

One of the most important considerations for correctly taking and adhering to your oral oncology medication is making sure that you contact your doctor or nurse with any questions related to your treatment and course of therapy. Please complete the following information for your health care provider(s):

Doctor/Nurse Name:

Office Name:

Telephone Number 1:

Telephone Number 2:

E-mail Address:

After-Hours Contact:

Telephone Number: