

# Start Right and Stay on Track With Your Oral Cancer Medicine

**Your doctor has prescribed an oral cancer medicine. This medicine is taken by mouth in your home.**

It's important to take your medicine the right way. This gives you the best chance for success.

## Taking your medicine means taking charge

Take an active role in your treatment. Ask your health care team if you have any questions about your medicine. Never skip a dose, take an extra dose, or split a pill without consulting with your doctor.

## These tips can help you start right—and stay on track:



**GET** your prescription filled.



**TAKE** the right dose at the right time.



**KEEP** to the schedule.



**FOLLOW** your doctor's instructions.



**REPORT** any side effects to your doctor or care team.



**AVOID** any food, liquids, or other medicine that you should not take with oral cancer medicine.



For your medicine to work, it is very important that you take it exactly like your doctor or nurse tells you.

## Ask Questions—Stay Informed About Your Oral Cancer Medicine

**ASK** your doctor and your care team questions about your medicine and your treatment, and what side effects you should expect.

**TELL** your doctor and your care team about your medical history, any medicine you're taking, and any side effects you are experiencing.

**SHARE** with your doctor and your care team any trouble you may have getting your medicine from the pharmacy.

**GIVE** your caregiver and any family members all the information that your doctor, nurse, pharmacist, or case manager has given to you.

**KNOW** the side effects of your medicine, and let your doctor and your care team know about any stomach upset, throwing up, diarrhea, hair loss, mouth sores, skin changes, or any other changes to your health.

**USE** the same pharmacy to fill all of your prescriptions.

**TRACK** your medication schedule to make sure you're taking everything at the right time, the right way, at the right dose.



### When Cost Is a Barrier to Treatment

For information about financial support for Novartis oncology medicines, visit Novartis Patient Assistance Now Oncology at [www.patient.novartisoncology.com](http://www.patient.novartisoncology.com) or call 1-800-282-7630.

### Contact Information

Oncologist/Hematologist \_\_\_\_\_

Nurse or case manager \_\_\_\_\_

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Pharmacist \_\_\_\_\_

Other care team member(s) \_\_\_\_\_

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